

Dear [insert recipient's name],

Thank you so much for supporting my participation on Team Rideauwood! Your generosity means a lot to me, and I really appreciate it.

Your gift will help individuals and families in Ottawa and the surrounding area access much-needed expert and compassionate addiction treatment, prevention and education services.

Whether it's substance use, gambling, gaming or other technology use, and whether individuals want to reduce their use, use in safer ways or eliminate their use entirely, Rideauwood counsellors are ready to help people to reclaim their lives.

To learn more about Rideauwood, check out their [website](#), follow them on [Facebook](#) or [Instagram](#), or [subscribe](#) to receive news and updates by email.

Thank you again for your support!

Sincerely,

[insert your name]



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Charitable Registration Number: 119119535 RR 0001