

Dear [insert recipient's name],

This May, I will be participating in Tamarack Ottawa Race Weekend with Team Rideauwood to help people in my community who are struggling with addiction to reclaim their lives.

I will be [walking/running] in the [2K/5K/10K/half marathon/full marathon] and raising money for urgently-needed addiction treatment, prevention and education services.

Will you please support me in reaching my fundraising goal by donating to my personal fundraising page?

Here is why I am asking you to support Rideauwood Addiction and Family Services: I truly believe in the work Rideauwood counsellors do and the approach they take to helping people who are struggling with substance use, gambling or technology use such as gaming.

At Rideauwood, compassion is at the heart of what they do, and clients determine their own recovery goals. Clients can choose to reduce their use, use in safer ways or eliminate their use entirely – there is no one “right path” to health.

What I find particularly unique to Rideauwood is how the organization also supports families and parents who have a loved one with an addiction.

The need for addiction treatment services is at an all-time high, and I sincerely hope you will join me in helping people to live well.

Please visit my personal fundraising page here to donate: [insert link to your personal fundraising page].

Thanking you for your kind consideration,

[insert your name]

